inada chair SOGNO

Thank you for purchasing the inada chair SOGNO. We hope the inada chair SOGNO will be a valued partner in your daily health preservation for many years to come.



HCP-10100A

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- Please read this Operating Manual before use.
- Keep this manual nearby so that you can refer to it anytime.

SAFETY PRECAUTIONS

Be sure that you have read these SAFETY PRECAUTIONS thoroughly before using your inada chair SOGNO for the first time. The Operating Manual contains important information about how to use the chair safely and correctly, avoiding possible damage to property or injury to persons using the chair and others. The Symbols shown below are used throughout the Operating Manual to highlight important safety instructions. Please adhere to all precautions. Descriptions of each component can be found on pages 5-8.

Display Warnings



This action could result in serious injury or death.

! Caution

This action could result in personal injury or damage to property.

Types of Symbols and Description



Prohibited (The symbol on the left means "Do not disassemble.")





Required Action (The symbol on the left means "Unplug the chair.")

Remember to keep this Operating Manual in an easily accessible place.

Safety Precautions: Installation



 Do not install the chair in an area of high humidity, such as a bathroom or sauna.

→ Could result in electric shock or damage to the chair



• Only install on a flat, level surface.

→ Chair could tip over accidentally if placed on an uneven surface

Safety Precautions: Before Use

/!\ Warning



Space Requirements

This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current in order to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local GROUNDED OUTLETS

• Improper connection of the equipment-grounding conductor can result in the risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product if it will not fit the outlet; have a proper outlet installed by a qualified electrician. This product is for use on a nominal AC 120 V circuit and has a grounding plug that looks like the plug illustrated in the figure to the right. Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.



GROUNDED OUTLET BOX

Prohibited

• The following persons must not use this massage chair:

O Persons who have been instructed by a doctor to avoid massage therapy. Ex. Thrombosis, severe aneurism, acute varicosity, or dermatitis and/or skin infection including inflammation of the typodermis.

Persons with suspected acute neck sprain (whiplash injury)



• Persons with any of the following conditions should seek medical advice before using the chair.

© Serious heart conditions © Sensory impairment caused by serious peripheral circulatory disorders due to diabetes and other diseases © Osteoporosis, spinal fractures, acute pain and/or symptoms thereof © Persons being treated for personal injuries ○ High fever (100°F or higher) Ex. Strong acute inflammation illness caused by fatigue, chills, blood pressure fluctuation, or asthenia O Persons in the early stage of pregnancy, or immediately after giving birth O Persons who have electronic medical device(s) easily susceptible to electromagnetic interference Ex. pacemaker 🔘 Abnormal or curved spine 🔍 Persons planning to use the chair for treatment or for rehabilitation purposes O Persons with malignant tumor(s) Persons under bed rest orders Persons with acute gastro-intestinal complaints or ailments such as qastritis, enteritis, or hepatitis O Persons under a doctor's care, or those experiencing unusual physical discomfor O Joint dysfunction due to rheumatism, gout, or other diseases Persons with symptoms such as qualm, dizziness, or tinnitus Inflammation due to sprain or torn muscles O Persons with thecitis or suspected thecitis

- Elderly people and persons with weak bones, even if they have no particular disease, should seek medical advice before using the chair.
- If your condition does not improve after use, consult a doctor or specialist.
 Do not drop or insert any object into any opening.

• Do not use the chair with anything other than an AC 120 V power source.

- To disconnect, switch all controls to the off position, then remove plug from outlet.



Do not use with any type of transformer device.

- May result in damage to the product or electric shock.
- Do not use if the power cord or plug(s) is damaged, or if the wall outlet is loose.
- Before each use, check for holes or tears in the cover of the back pad. Also, check the other parts for tearing. Stop using the chair immediately if you find even the smallest tear. Unplug the chair and contact the vendor for assistance. → Using the chair with holes or tears in the covering could result in injury or electric shock.
- Do not operate under blanket or pillow.
- May result in burns, fire, electric shock, or injury to persons.
- Do not use outdoors.
- → May result in burns, fire, electric shock, or injury to persons
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
 - → May result in burns, fire, electric sock, or injury to persons.

Safety Precautions: Before Use

⚠ Caution



- Before plugging the power cord into the wall outlet, make sure that the main POWER switch is set to OFF. May result in damage to the product or electric shock.
- Make sure that the plugs on the power cord are inserted fully into the cord connector and the wall outlet.
- May result in electric shock, short circuit, or combustion Before using the chair for the first time, turn on all the switches in order as indicated in this manual to check that the chair is operating properly.
- Before using, raise the reclining seat back to its fully upright position. Then recline the seat back slowly to the most comfortable
- position, remembering to start off with a lighter massage. → Starting with a deep massage can result in injury. Elderly people and persons with weak bones should be especially careful when selecting massage intensity.
- When sitting down in the chair, do so slowly, ensuring that the spinal rollers are in the correct position at either side of the spine. The backbone should lie comfortably between the rollers without having to turn or twist the body.
- Do not sit, stand, or lean on the leg rest unless you are sitting in the chair or getting up from the chair.
- → Personal injury or damage to the chair may result if the chair tips over
- If you will be using the chair after it has not been used for a long time, first read this Operating Manual again thoroughly and



- Do not use the product in any way not prescribed by the Operating Manual. Do not use the product together with any other therapeutic device or with an electric blanket.
- → May result in injury or have a negative effect on health.
- Do not move the product while someone is in it.
- → Accident or injury may result if the product tips over
- Do not sit down on the chair with the leg rest raised.
- · Any sudden heavyweight on the leg rest could cause damage to the mechanism. Or, accident or injury may result if the chair tips over.
- Do not use with anything other than the accessories supplied with this product.

Safety Precautions: During Use

/!\ Warning



- Do not wrap the power cords or the remote control cord around your body, or place the product on top of either cord. Do not scratch, tear, treat, unduly twist, stretch, or bend the power cord or the remote control cord.
- → The cords may fray or tear, resulting in fire or electric shock
- Do not spill water and/or other liquids on the chair or remote control. May result in electric shock, short circuit, or combustion
- Do not use the chair while the body is wet, or with wet hands.
- → Could result in electric shock or damage to the chair.
- Children should not use the chair. It is advisable to keep children and pets away from the chair (especially from behind the reclining seat back or under the leg rest). Children aged 14 years or over should use only the Youth Program. In such a case, an adult must attend the child.
- Do not use if the covering is torn. If it is, unplug the power cord from the wall outlet.
- Could result in accident, injury, or electric shock. Contact the vendor for repairs.
- Be careful not to get hands, feet, or objects caught between the units of the leg rest or between the leg rest and the chair. Be careful not to get hands or objects caught between the units of the armrest or between the armrest and the chair.
- · Accident, personal injury, or damage to the chair may result if hands, feet, or objects are caught.
- Do not release hands suddenly while lifting the leg rest by hand.



• Make sure no one, especially children or pets, is in the way when lowering the reclining seat back or lowering the leg rest down. Be careful that people and/or objects are not caught behind the seat back or under the leg rest.

⚠ Caution



- Do not use the chair unclothed.
- Do not use the chair for purposes other than massage, or other than the ordinary uses of a chair.
- → Could result in accident or injury.
- Do not use the chair to massage the head, chest, stomach, and/or joints (knees, elbows). Do not place hands, feet, or arms in between the
- → May result in nausea or injury. Place a soft towel behind your neck if you want to avoid intense stimulation of the area
- Do not place hands or feet into the roller tracks, into the space between the seat back and the seat or into the moving parts. Do not sit wearing hard objects, such as hair accessories, necklace, watch, bracelet, or ring.
- → May result in personal injury
- Do not place anything other than legs and feet on the leg rest.
- May result in personal injury
- Do not place anything other than upper arms and forearms in the Upper-Arm and Forearm Units. Do not place anything other than shoulders against the Shoulder Massage Unit.
- Do not operate the massage chair or leave it operating when there is no one in it.
- → Could result in accident or injur

SAFETY PRECAUTIONS

SAFETY PRECAUTIONS

Safety Precautions: During Use

! Caution

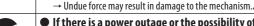


● In an emergency, or if there is any sudden malfunction, push the STOP button on the remote control to make the chair stop If you begin to experience marked pain or other unusual physical discomfort while using the product, seek medical advice immediately and discontinue use of the product.

• If you feel the massage is too strong, reduce the stimulation according to this Operating Manual. If this solution does not work, stop using and contact the vendor.

→ May result in injury if you continue use with high stimulation under such circumstances.

- Make sure to keep the back pad in place during massage. Do not use the chair without the back pad.
- Do not fall asleep in the chair during a massage.
- → May result in personal injury
- Keep massage sessions to no more than 15 minutes in length. Area Specific Massage of any particular area on the body to no more than 5 minutes.
- → Continual use for extended periods of time can result in over-stimulation, which could cause the opposite of the desired effect, or even injury. Set 30 minutes in total for reference per day and observe appropriate intervals between massage sessions
- * For children aged 14 years or over, use only the Youth Program and only one session per day.
- If your leg or foot comes out of the leg rest during the massage, do not try to force it back in.
- Undue force may result in damage to the m
- If your arm comes out of the Upper-Arm Unit or Forearm Unit during the massage, do not try to force it back in.





• If there is a power outage or the possibility of a power outage, stop the chair immediately and set the main POWER switch to OFF. Unplug the chair from the wall outlet.

→ Accident or injury may result if the chair is still in operating mode when the power resumes

- If there is a threat of lightning, stop the chair immediately and set the main POWER switch to OFF. Unplug the chair from the wall
- If the chair does not start, or if there is any type of malfunction, to prevent accidents it is best to stop the chair immediately and set the main POWER switch to OFF. Unplug the chair from the wall outlet. Contact the vendor for assistance regarding repairs or
- → Electric shock or fire caused by a short circuit may result if the chair is left plugged in under such circumstances.

Safety Precautions: After Use or When Not in Use

! Caution



• Be sure to set the main POWER switch to OFF after every use and to unplug the chair from the wall outlet.

Accident or injury may result if children or pets play with the produ

• After using the chair, be sure to return the reclining seat back to its upright position and lower the leg rest to its lowest position. • Wipe the product off after every use, and store it in a place free of excess humidity.

• Do not place any object on the seat, reclining seat back, or leg rest.



• Do not pull on the power cord to unplug the product from the wall outlet; make sure to grasp the plug firmly when unplugging. → May result in electric shock or fire caused by short-circuiting

• When cleaning or caring for the product, make sure to unplug the product from the wall outlet first. Do not plug or unplug the power cord with wet hands.

• If you will not be using the product for some time, be sure to unplug it from the wall outlet.

→ Insulation degradation by dirt or moisture may occur and cause electric shock, or fire caused by short-circuiting may result

Others Precautions

Marning



Do not stand on the chair. Do not sit on any part of the chair other than the seat.

→ Personal injury or damage to the chair may result if the chair tips over.

Do not stand on the control box and/or place any object on it.



Do not remodel the chair. Anyone other than an authorized service person must not repair or disassemble. Contact the vendor.

• For safety reasons, if the power cord is damaged, contact the vendor for replacement.

Do not remodel the chair.

→ May result in fire, electric shock, or injury.

(1) Caution



• If you lend, sell, or otherwise transfer the chair to another party, make sure to include this Operating Manual.

Note

Before discarding the product or any of its accessories, consult your municipal government about the proper disposal method.

MAIN FEATURES

Main Features

From your palms to soles ■ Full-Body Massage Function

Ideal relaxation. Made possible with various modern technologies working together for the Full-Body Massage Function.

The Shoulder Massage Unit and the Upper-Arm and Forearm Units function to wrap and give a gentle massage from your shoulders to palms.

For massaging of your back, buttocks, and calves, variable massage techniques and unique programming make for a sensation close to human touch. The length of the leg rest is adjusted with springs to fit the length of your legs, which enables the leg rest to give a gentle massage to your feet and legs from any angle.

Optical sensors enable the Automatic Shiatsu Point Locator l Function

This automatically locates Shiatsu points, which vary from person to person, before starting a massage, allowing for an effective massage that tailors itself to your size and shape.

Easy-to-read massage guide Remote Control Display Panel

The remote control features a clear, easy-to-read display panel that enables you to monitor your massage. The display guides you through each step of your massage, displaying information about each massage action.

Easy to adjust to the most comfortable position Automatic Reclining Function

The seat back can be reclined to any angle between approx. 120° and 165° from the floor. The angle of the leg rest can be adjusted by approx. 90° according to your preference.

With state-of-the-art technology Various Course Functions

Healthcare programs and Well-Being programs that allow you to select the optimal program according to your purpose and Manual Selection mode that accommodates your particular needs are provided.

Vibration Massage Function

The vibration mechanism is located in the chair back. The soothing vibrations provide a relaxing massage.

DreamWave Function

The air cushion on the seat offers DreamWave operation.

Full-Body Stretch Function

The Full-Body Stretch Function is a combination of curving your upper body backward with reclining of the seat back and twisting with the air cushions provided with the seat.

Youth Program Setting

To enable a low-stimulation massage for children aged 14 years or over, the adjustable range of the roller shoulder positions during an Automatic Shiatsu Point Locator operation has been extended to lower positions.

Benefits

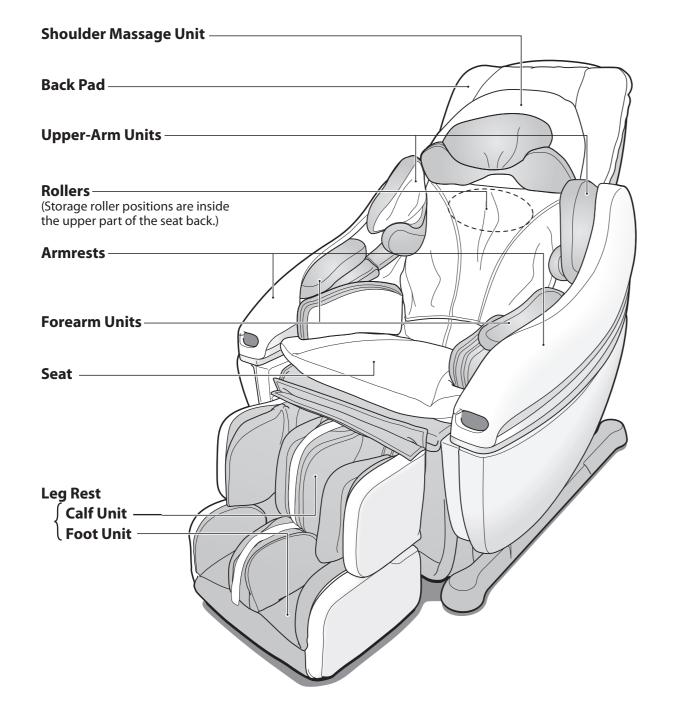
As a therapeutic massage device in the general households, the inada chair SOGNO provides the following benefits:

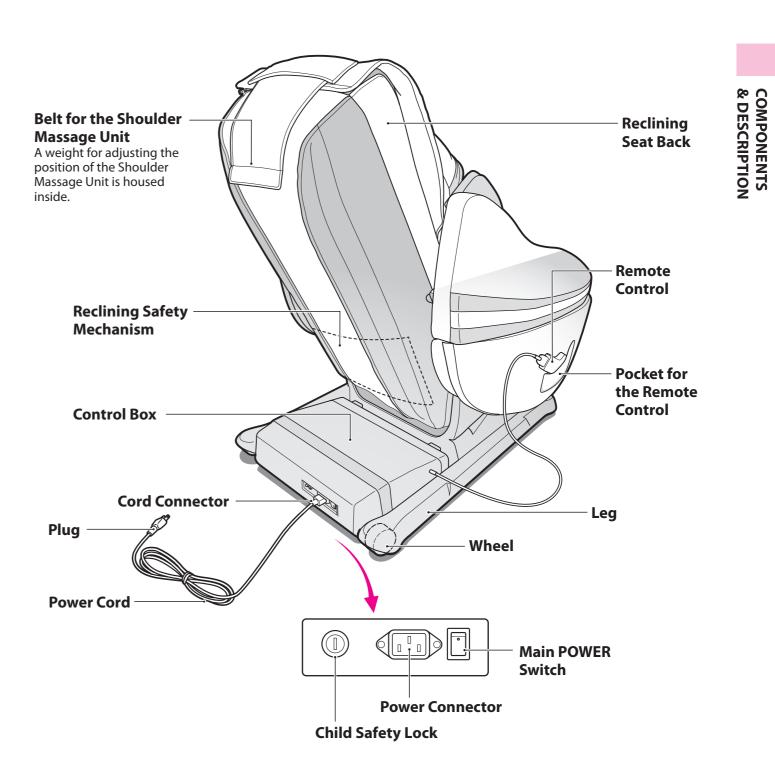
Relaxes muscles

• Relives minor muscle aches and pains

COMPONENTS & DESCRIPTION

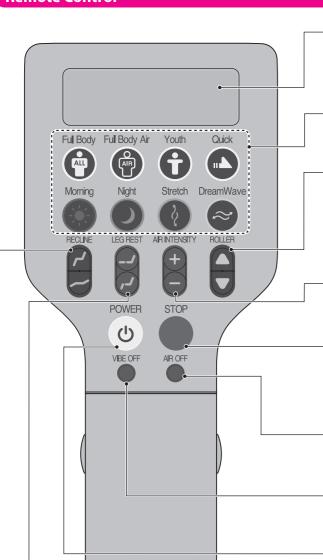
Chair





COMPONENTS & DESCRIPTION

Remote Control



Remote Control Display

Information, such as massage action descriptions, status of progress, and the intensity and speed of the massage in progress, is displayed with both characters and symbols. (See next page.)

Preset Programs

For selecting a program with the corresponding course

ROLLER Buttons

During Preset Programs, roller shoulder positions can be adjusted using [▲] and [▼] immediately after the Shiatsu points are located.

In Manual Selection Mode, roller positions can be adjusted using [▲] and [▼].

AIR INTENSITY Button

For adjusting the intensity of air pressure in 3 settings (high, medium, and low) during Preset Programs.

STOP Button

Use this button to shut the chair off immediately in an emergency or if there is a malfunction during operation of the chair.

The rollers will stop immediately.

AIR OFF Button

For canceling air massage during Preset Programs, use this button.

VIBE OFF Button

For canceling vibration operation during Preset Programs, use this button.

POWER Button

For turning the remote control power ON or OFF. Pushing the POWER button while the chair is activated causes the rollers to return to their storage positions before the chair is shut off.

The button is lit in green while the power to the remote control is on, in orange while the power is off, and in red while the chair is stopped in an emergency.

LEG REST Buttons

Use [⊿] and [⊿] to adjust the angle of the leg rest.

RECLINE Buttons

Use [] and [] to adjust the angle of the reclining seat

/ Warning

• Do not spill water and/or other liquids on the remote control.

/inada chair

- Do not handle the remote control with wet hands.
- Do not sit on the remote control. Do not drop or step on the remote control. Do not pull the remote control cord forcibly.
- Do not use pointed or hard objects to push the buttons or display on the remote control.
- → May result in damage to the remote control.

Remote Control Display

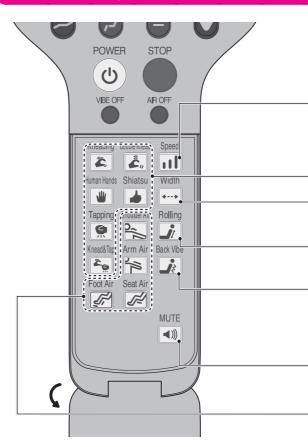
Information, such as massage action descriptions, status of progress, and the intensity and speed of the massage in progress, is displayed with both characters and symbols. Characters and symbols on the display move from right to left.

Example: While the Shiatsu Point Locator sensors are being activated, the display shows the following text: "Locating Shiatsu Points..."

Remote Control Display



Remote Control/Inside the Panel



Speed Button

For adjusting the roller speed in three steps during Kneading, Tapping 1, and Kneading & Tapping.

COMPONENTS & DESCRIPTION

8

Basic Operation Buttons

Width Button

For adjusting the width of the rollers in three steps.

Rolling Button

You can select from between Full and Partial Rolling.

Back Vibe Button

For back vibration operation.

* The intensity of vibration can be adjusted in two steps (high and low).

MUTE Button

For turning the speaker of the remote control ON or OFF.

Air Massage Buttons

You can select from among [Shoulder], [Arm], [Seat], and

* The intensity of air massage can be adjusted in three steps (high, medium, and low).

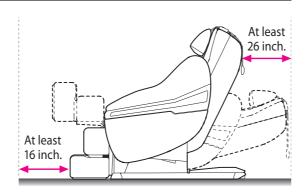
- This product is shipped with the reclining seat back in its fully reclined position and with the armrests and leg rest removed. Before use, be sure to attach the armrests and leg rest (refer to the insertion sheet attached) then raise the seat back to its upright position.
- Do not expose the chair to sudden bursts of heat. If the room where the chair is to be used is cold, turn the heat up slowly. If the chair is moved from a cold place into a heated room, wait one hour before using the chair.
- → Condensation could occur in the moving parts of the product, which may compromise performance.

Installation

Allow for at least 26 inch. clearance behind the chair and 16 inch. in front of the chair when installing, so as to be able to recline the seat back fully without obstruction.

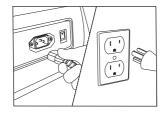


- Do not install the chair in an area of high humidity, such as a bathroom or sauna.
- Only install on a flat, level surface.
- Do not use in areas of high debris or dust content. Do not use where ambient temperature is 104°F or over.
- Do not install the chair where it can come into contact with direct heat, such as direct sunlight or a radiator.
- To avoid damaging floor surfaces and to cut down on the noise of the chair, it may be better to install the chair on a carpeted surface or to lay a piece of carpet under the chair. (Do not use electric blanket.)
- The product is very heavy, so please be careful when unloading it so as not to damage floor surfaces.
- Install the chair at least 40 inch. away from TVs, radios, and/or other audio or video equipment. Noise from these devices can cause problems.
- The load to the floor per 0.16 in² is approximately 5.5 lbs. with a person weighing 220 lbs. sitting on the chair.



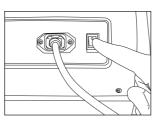
Main Power Connection

① Plug the power cord into the cord connector located at the back of the chair first. Then plug the other end into the wall outlet.



② Set the main POWER switch located at the back of the chair to ON.

A text message should appear on the remote control display screen.



*If the main POWER switch is turned on while the rollers are stopped in the middle of the movement, they will automatically return to their storage position (upper part of the reclining seat) then stop.

The seat will also move for adjustment of the initial position then stop.



- Do not use with any type of transformer device.
- → May result in damage to the product or electric shock.



- Before plugging the power cord into the wall outlet, make sure that the main POWER switch is set to OFF.
- Make sure that the plugs on the power cord are inserted fully into the cord connector and the wall outlet.
- Before using the chair for the first time, turn on all the switches in order as indicated in this manual to check that the chair is operating properly.

Checking the Seat Cover

Check for holes or tears in the back pad and other parts. Check also that the zippers located at both sides of the back pad are securely zipped. Lift the Shoulder Massage Unit up to check for holes or tears in the cover of the back pad.

Shoulder Massage Unit

Back Pad

Zipper

Check that the zippe

is securely zipped.

Warning

• Before each use, check for holes or tears in the cover of the back pad. Also, check the other parts for tearing. Stop using the chair immediately if you find even the smallest tear. Unplug the chair and contact the vendor for assistance.

How To Move

First, raise the reclining seat back and set the main POWER switch to OFF. Then unplug the power cord from the outlet. Grip the lower parts of the both armrests, as illustrated, lift the chair, and move.



A Caution

- Do not move the product while someone is in it.
- During moving, be fully careful not to pinch your feet.

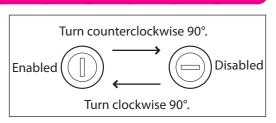
How to Use the Child Safety Lock

Insert the Child Safety Lock key into the keyhole located at the back of the chair then turn the key counterclockwise 90° to lock the chair.

During Child Safety Lock, "Child Safety Lock ON" is displayed on the remote control display.

Even during Child Safety Lock, you can perform the following operations: Raising the reclining seat back, lowering the leg rest, and emergency stop.

To unlock, turn the key clockwise 90°.



POSITION ADJUSTMENT

How to Sit

When the chair is off, the rollers are normally drawn back into the left and right sides of the upper part of the seat back (Storage Position). For safety reasons, first check the positions of the rollers. If they are in any position other than storage positions, set the main POWER switch to ON before sitting down to allow the rollers to return to their storage position. When you finish checking, sit down slowly in the center of the seat.



- Do not sit down on the chair with the leg rest raised.
- → Any sudden heavyweight on the leg rest could cause damage to the mechanism. Or, accident or injury may result if the chair tips over.
- Before using, raise the reclining seat back to its fully upright position. Then recline the seat back slowly to the most comfortable position, remembering to start off with a lighter massage.

How to Use the Reclining Seat Back

■ To raise the reclining seat back:

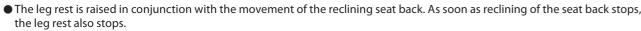
Press and hold the RECLINE [] button on the remote control. Release the button when the seat back reaches your desired position.

If the button is kept pressed, the seat back will be raised to its fully upright position and stop.



Press and hold the RECLINE [] button on the remote control. Release the button when the seat back reaches your desired position

If the button is kept pressed, the seat back will be reclined to its lowest position and stop.



• If the main POWER switch at the back of the chair is set to ON, the reclining angle of the seat back can be adjusted.

⚠ Warning

• Make sure no one, especially children or pets, is in the way when lowering the reclining seat back. Be careful not to stand or place any object behind the seat.

How to Use the Leg Rest

■ To raise the leg rest: Press and hold the LEG REST [___] button on the remote control. Release when you reach the desired leg rest position. The leg rest is stopped.



• If the main POWER switch at the back of the chair is set to ON, the angle of the leg rest can be adjusted.

Warning	•

● Make sure no one, especially children or pets, is in the way when lowering the leg rest. Be careful that people and/or objects are not caught under the leg rest.

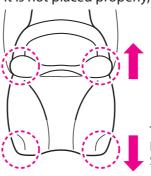
• Do not release hands suddenly while lifting the leg rest by hand.

Do not place anything other than legs and feet on the leg rest.

How to Use the Shoulder Massage Unit

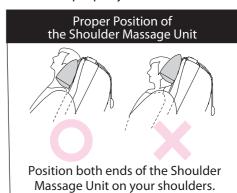
Place the Shoulder Massage Unit in a proper position.

If it is not placed properly, the Automatic Shiatsu Point Locator may not function properly.



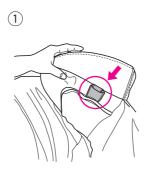
To raise the unit: Push up the headrest of the Shoulder Massage Unit.

To pull down the unit: Pull down the lower parts of the Shoulder Massage Unit.



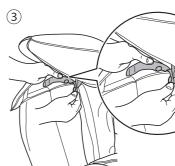
■ How to Use the Chair Without the Shoulder Massage Unit

You can have your shoulders massaged by the rollers and not by the Shoulder Massage Unit, by securing the Shoulder Massage Unit at the upper part of the seat back.



① Flip the side of the Shoulder Massage Unit over, as illustrated. The lock belts for the Shoulder Massage Unit are initially positioned at the rear of the Shoulder Massage Unit. * The lock belts are located at

the both sides of the unit.



② Pull out the belts on both ③ Fasten the buttons located at the rear of sides. Move the Shoulder the both sides of the back pad to the holes Massage Unit upward to of the belts. the upper part of the seat



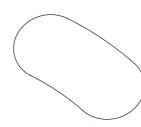
POSITION ADJUSTMENT

as illustrated, and start a massage

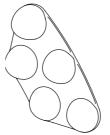
How to Use the Shiatsu Pads for Shoulders

The Shiatsu Pads for Shoulders (light) are placed inside the Shoulder Massage Unit. If you feel that the massage given by the Shoulder Massage Unit is too light, replace it with the Shiatsu pads

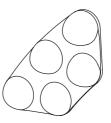
If you feel that the massage is too strong, remove the Shiatsu pads.



Shiatsu Pad for Shoulders (light)

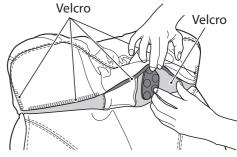


Shiatsu Pad for



Shiatsu Pad for

*The Shiatsu Pads for Shoulders (strong) L and R are symmetrical opposites. Use Pad L for the left shoulder and Pad R for the right shoulder.



Disengage the Velcro at the rear of the cover of the shoulder massage section, turn the cover over, then attach the Shiatsu pads at any place where the Velcro is provided, according to your preference.

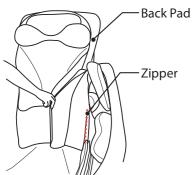
* For easy replacement of the Shiatsu pads, raise and place the Shoulder Massage Unit at the upper part of the seat back.

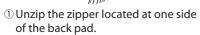
POSITION ADJUSTMENT

How to Use the Buffer Pads

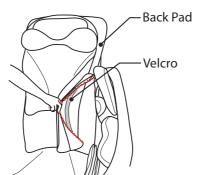
There is a buffer pad (thin) located at the rear of the back pad that helps absorb some of the roller

Remove the buffer pad if you feel that the massage is too light. Replace with a thicker accessory buffer pad if too strong.

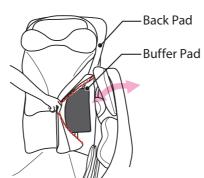




* The zippers are provided on the both sides.



② Disengage the Velcro located at the rear of the back pad.



③ Replace the buffer pad.

* You can access the buffer pad at the rear of the back pad from either side.

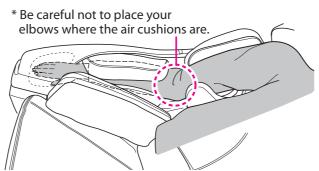


Caution ■ Before use, check that the zippers located at both sides of the back pad are securely zipped.

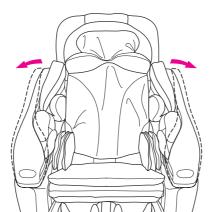
How to Use the Upper-Arm/Forearm Units

Place your arms in the Upper-Arm and Forearm Units, as illustrated.

Be careful not to place your elbows where the air cushions are.



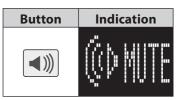
The spring mechanism of the Upper-Arm and Forearm Units enable them to stretch out by 4° at maximum so that they can fit the body type of the user.



Speaker on the Remote Control

The sound from the speaker can be muted or reactivated with the MUTE button behind the panel of the remote control.

While the sound is muted, the symbol shown on the right is displayed on the display of the remote control.



AFTER USE



- Be sure to set the main POWER switch to OFF after every use and to unplug the chair from the wall outlet. → Accident or injury may result if children or pets play with the product.
- After using the chair, be sure to return the reclining seat back to the upright position and lower the leg rest to its lowest position.
- Wipe the product off after every use, and store it in a place free of excess humidity.
- Do not pull on the power cord to unplug the product from the wall outlet; make sure to grasp the plug firmly when unplugging.
- If you will not be using the product for some time, be sure to unplug it from the wall outlet.

AFTER USE

16

Full Body

relaxation.

MASSAGE PROGRAMS & SELECTION

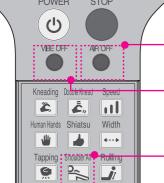
MASSAGE PROGRAMS & SELECTION

15

For a comprehensive full-body Healthcare massage. This program is recommended for persons who feel fatigue or lack of energy. 2 Full Body Air **PRESET HEALTHCARE** For a comprehensive full-body massage focused on air **PROGRAMS PROGRAMS** This program is recommended for persons who prefer softer massage. The Preset Programs provide For relaxation of muscles Youth massages to meet your desired purpose and application according A program for young people. to the preset menus. This program is recommended for persons who prefer softer massage or for children aged 14 years or over. Massage Quick Courses This program provides a quick massage to refresh the entire body. Morning **WELL-BEING** For morning massage. **MANUAL** This program is recommended for persons who have a bad **PROGRAMS** morning or who have not recovered from their fatigue. **SELECTION MODE** 6 Night For refreshing or relaxing You can combine your favorite For night massage. massage types. You can also adjust It is recommended to use this before going to bed. the speed, intensity, and roller positions. 7 Stretch For stretching operations. This course is focused on curving and twisting motions. DreamWave For a DreamWave massage. This program is recommended for persons who need

 The duration of each course varies depending on height, body type, reclining angle, and other factors related to the user.

POWER STOP



[Z]

MUTE

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Foot Air Seat Air

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PRESET PROGRAMS

Preset Programs

- Eight automatic programs provide massages to relieve or soothe fatigue.
- With the Preset Program buttons, you can choose your favorite program, which gives you a massage according to preset menus.

Various Adjustments

■ AIR INTENSITY Button

For adjusting the intensity of air pressure in 3 settings (high, medium, and low) during Preset Programs, use [+] or [-].

The intensity of air massage is initially set to Medium.

(The intensity of air massage for the Youth Program is initially set to Low.) * If the program is changed, the intensity of air massage is reset to its initial

■ AIR OFF Button

For canceling air massage during Preset Programs, use this button.

* Air massage cannot be canceled for the programs that include stretch or DreamWave motions or during Full-Body Air Focus Program.

■ VIBE OFF Button

The vibration function included in a program can be canceled with the VIBE OFF button, according to your preference.
To reactivate the vibration function, press the VIBE OFF button again.

■ Air Massage Buttons

The intensity of air massage can be adjusted by area. Each time the button located behind the panel of the remote control is pressed, the intensity changes in the order of High, air massage canceled, Low, then Medium.

- * Air massage cannot be canceled for the programs that include stretch or DreamWave motions or during Full-Body Air Focus Program.
- * If the program is changed, the intensity of air massage is reset to its initial

■ Back Vibe Button

The intensity of a back vibration operation can be adjusted with the Back Vibe button located behind the panel of the remote control. The intensity of back vibration is initially set to High.

(The intensity of the back vibration operation for the Young Program is initially set to Low.)

Each time the button is pressed, the intensity changes in the order of vibration canceled, Low, and High.

Changing Courses

Before the course in progress finishes, you can change it to another course. After a total duration of 30 minutes, the course in

Switching from One Preset Program in Progress to Another

When one Preset Program button is pressed while another Preset Program is in progress, the rollers return to their storage positions, then the selected program starts from Automatic Shiatsu Point Locator operation.

Switching from a Preset Program to Manual Selection Mode

When one of the buttons for Manual Selection Mode located behind the panel of the remote control is pressed while a Preset Program is in progress, the Preset Program immediately stops, and the selected operation starts with the Automatic Shiatsu Point Locator operation. To select an air massage or back vibration operation, press the POWER button to stop the preset program in progress before the selection.

Stopping in the Middle of a Massage

To stop mid-massage, press the POWER button. The rollers will return to their storage positions and stop. In an emergency or if there is some malfunction during operation of the chair, press the STOP button. The rollers will stop immediately. After confirming safety, press the POWER button. The rollers will return to their storage positions and stop.



- If you feel the massage is too strong, reduce the stimulation according to this Operating Manual. If this solution does not work, stop using and contact the vendor.
- → May result in injury if you continue use with high stimulation under such circumstances.
- Do not place hands or feet into the roller tracks, into the space between the seat back and the seat or into the moving parts. Do not sit wearing hard objects, such as hair accessories, necklace, watch, bracelet, or ring.
- If your leg or foot comes out of the leg rest during the massage, do not try to force it back in.

Press the POWER button.

If no selection is made within 5 minutes, the power is automatically shut off.

Press the desired button.

The selected program will be indicated in the display.

* The Automatic Shiatsu Point Locator starts locating Shiatsu points.

The Automatic Shiatsu Point Locator is not available during Full-Body Air Program and DreamWave Program.

Note For accurate Shiatsu Point location, always sit as far back as possible and place your head on the Shoulder Massage Unit.

The ROLLER positions can be adjusted.

With the ROLLER buttons, the vertical position of the rollers can be adjusted. If no adjustment is required, do not use these buttons.

The program starts.

The progress of the program is indicated on the display of the remote control with the program name.



Program completed.

When the massage program finishes, the rollers return to their storage positions (upper part of the seat back).

Then the power to the remote control is shut off. However, reclining of the seat back and angle adjustment of the leg rest are still enabled.

Full Body Full Body Air Youth Quick II. Night Stretch DreamWave ROLLER POWER STOP (1) VIBE OFF AIR OFF Double Knead Speed چُّ Ž, hill Human Hands Shiatsu Width 4---Tapping Shoulder Air Rolling Knead&Tap وعً **%** Foot Air Seat Air 57 [Z] MUTE ◀)))



- Keep massage sessions to no more than 15 minutes in length. Area Specific Massage of any particular area on the body to no more than 5 minutes.
- → Continual use for extended periods of time can result in over-stimulation, which could cause the opposite of the desired effect, or even injury.
- Set 30 minutes in total for reference per day and keep appropriate intervals between each massage
- * For children aged 14 years or over, use only the Youth Program and only one session per day.

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PRESET PROGRAMS

MANUAL SELECTION MODE

How to Operate Manual Selection Mode

You can combine massaging actions of your choice from among menus 1 to 4.

- A circle in the adjustment column means that the particular adjustment can be made in the course of that
- Width adjustment is not available if an action for which width adjustment is not available is combined with rolling or back vibration.
- In the basic and rolling operations, Automatic Shiatsu Point Locator is performed in the same manner as in the Preset Program.

① Basic Operations

- Automatic Shiatsu Point Locator is performed in the same manner as in the Preset Program.
- Once Automatic Shiatsu Point Locator is performed for a basic operation, it will not be performed again if another basic operation is selected.

Operation	Button	Action	Indication	Forward/ Reverse	Speed	Width	Up/ Down	Intensity	
Kneading	Ž.	This performs kneading type massage. Each time the button is pressed, for direction, reverse direction, or stop selected. (See page 21.)	# <u>*</u>	0	O 3 steps	ı	0	0	
Human Hands	*	This performs complex massa to human touch. Each time the button is pressed, for direction, reverse direction, or stop selected. (See page 21.)		0			0	0	
Double Kneading	Ĉ"	Kneading in the forward and directions at various speeds vautomatically repeated.	Ž	_	_	_	0	0	
Tanning	9	Each time the button is pressed,	Tapping 1		_	O 3 steps	0	0	0
Tapping			Tapping 2		_	_	0	0	0
Kneading & Tapping	E 9	Kneading and Tapping are simultaneously performed. Each time the button is pressed, for direction, reverse direction, or stop selected. (See page 21.)			0	O 3 steps	1	0	0
Shiatsu		Shiatsu massage.	Shiatsu 1		_	_	0	0	0
		Each time the button is pressed, Shiatsu 1, Shiatsu 2, or stop can be selected.	Shiatsu 2	#/ #/	_	_	_	0	0

② Air Massage

Each time the button is pressed, Low, Medium, High, or OFF can be selected.

Operation	Operation Button Indication Action		Intensity	
Shoulders	2/2	3. P. H	Air massage to shoulders (The symbol on the left means that the air level to the shoulders is High.)	0
Arms	<i>//</i> L		Air massage to arms (The symbol on the left means that the air level to the arms is Medium.)	0
Leg	J.	\7 L0	Air massage to legs (The symbol on the left means that the air level to the legs is Low.)	0
Seat	J.	d HI	Air massage to buttocks (The symbol on the left means that the air level to the buttocks is High.)	0

3 Rolling

STOP

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POWER

Automatic Shiatsu Point Locator is performed in the same manner as in the Preset Program.

Operation	Button	Action	Indication	Width	Up/ Down	
		This performs stretching of the full or partial spine with only up and	Full Rolling	,;) (‡)		
Rolling		down movements of the rollers. Each time the button is pressed, Full Rolling, Partial Rolling, or stop can be selected.	Partial Rolling		0	*

* During Partial Rolling, the center position of the range of Partial Rolling can be adjusted. During Full Rolling, upward or downward movement is reversed.

4 Vibration

This performs back vibration massage.

(On or Off of vibration operation is repeated at certain

Each time the button is pressed, Low, High, or OFF can be selected.

Operation	Button	Indication	Width	Up/Down	Intensity	
Back	J ŧ	- }}iii HI	0	0	0	
Vibration	Action	For a back vibration operation (The above symbol means that the intensity of vibration is High.)				





MANUAL SELECTION MODE

Various Adjustments

■ Change in Forward/Reverse Directions

Operation Indication Forward

■ ROLLER Buttons

Reverse

Up/Down

Action During Kneading, Human Hands, and Kneading & Tapping, each time the button is pressed, forward direction, reverse

direction, or stop can be

STOP

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Tapping Shoulder Air Honning

Knead&Tap Arm Air Back Vibe

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Foot Air Seat Air

POWER

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Operation Button Action During Kneading, Human Hands, Double Kneading, Kneading & Tapping, Shiatsu 1/2, Tapping 1/2, and Back Vibration, the roller positions can be adjusted with [...]

* During Partial Rolling, the center position of the range of Partial Rolling can be adjusted. If [\triangle] or [∇] is pressed during Full Rolling, upward or

and [▼].

■ Speed Buttons

Operation Button Indication 11 Speed

downward movement is reversed.

Action During Kneading, Kneading & Tapping, or Tapping 1, the speed of action can be adjusted in 3 steps. Speed can be adjusted during operation. The symbol on the left means that the speed is set to Low.

■ Width Button

During Shiatsu 1, Tapping 1/2, Full Rolling, Partial Rolling, and Back Vibration, the width of the rollers can be adjusted in 3 steps (Narrow, Medium, and Wide).

The width can be adjusted during operation.

* Width adjustment is not available if an action for which width adjustment is not available (Kneading, Human Hands, Kneading & Tapping, or Shiatsu 2) is combined with rolling or back vibration.

Operation Button Indication Width M **4---**

How to Operate Manual Selection Mode



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Foot Air Seat Air

Press the POWER button.

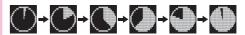
When the panel of the remote control is opened, the menus of Manual Selection Mode become available. If no selection is made within 5 minutes, the power is automatically shut off.

Press the desired button.

* If Kneading, Human Hands, Double Kneading, Kneading & Tapping, Tapping 1/2, Shiatsu 1/2, Full Rolling, or Partial Rolling is selected, the Automatic Shiatsu Point Locator starts locating Shiatsu points.

Massage action starts.

The progress of the course is indicated on the display of the remote control with the course name.



After 15 minutes, the massage operation finishes.

The rollers return to their storage positions (upper part of seat back).

Then the power to the remote control is shut off. However, reclining of the seat back and angle adjustment of the leg rest are still enabled.

Changing Courses

Switching from Manual Selection Mode to a Preset Program

When one of the Preset Program buttons is pressed during Manual Selection Mode, the rollers return to their storage positions, then the selected Preset Program starts from Automatic Shiatsu Point Locator operation. After a total duration of 30 minutes, the course in progress stops even if not completed.

Stopping in the Middle of a Massage

To stop mid-massage, press the POWER button. The rollers will return to their storage positions then stop. In an emergency, or if there is any sudden malfunction, push the STOP button to make the chair stop immediately. After confirming safety, press the POWER button. The rollers will return to their storage positions and stop.



- If you feel the massage is too strong, reduce the stimulation according to this Operating Manual. If this solution does not work, stop using and contact the vendor.
- → May result in injury if you continue use with high stimulation under such circumstances.
- Do not place hands or feet into the roller tracks, into the space between the seat back and the seat or into the moving parts. Do not sit wearing hard objects, such as hair accessories, necklace, watch, bracelet, or ring.
- If your leg or foot comes out of the leg rest during the massage, do not try to force it back in.

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MANUAL SELECTION MODE

TROUBLESHOOTING

If there is still a problem after trying the solutions given in this troubleshooting guide, stop using the product immediately so as to prevent accident or injury and unplug the product from the wall outlet. Contact the vendor for assistance.

Noise during operation:

- During Tapping and Kneading & Tapping
- Sound of the air pump
- Sound of rollers rubbing against the seat cover, or squeaky rubbing sound of the seat cover during DreamWave mode
- Vibrating mechanism noise
- Sound of the reclining seat back mechanism
- Sound of the air massage cushions



Cause & These noises are a normal part of the product's operation and do not affect its performance in any way.



Remote control buttons do not seem to be activating normally.



Check for the following possible problems:

- ① Check if the power cord is fully plugged into the wall outlet.
- ② Check if the power cord is fully plugged into the power connector located at the rear of the
- ③ Check if the main POWER switch at the rear of the chair is set to ON.
- 4 Check to be sure that the Child Safety Lock for disabling use of the chair is not locked.

The message "Restart the main POWER switch." appears on the remote control display.



Set the main POWER switch located at the rear of the chair to OFF then back ON after about 5 seconds.

① If the chair returns to normal, no further action is needed.

② If the same message is displayed again, stop using the chair and unplug it from the wall outlet. Contact the vendor for assistance.



The Automatic Shiatsu Point Locator Function is not working properly (The height of rollers does not fit the shoulders.)



Sit further back in the chair so that your head rests firmly on the Shoulder Massage Unit. The roller shoulder positions can be adjusted using the ROLLER buttons immediately after the Shiatsu

(During air massage and vibration operations in Manual Selection mode, the Automatic Shiatsu Point Locator Function is not available.)



Massage action stops in the middle of the program.



Set the main POWER switch located at the rear of the chair to OFF then back ON after about 5 seconds.

- ① If the chair returns to normal, no further action is needed.
- ② If the chair does not return to normal, stop using the chair and unplug it from the wall outlet. Contact the vendor for assistance.

Anyone other than an authorized serviceperson must not repair or disassemble.



The rollers stop during the massage.



Sometimes when the speed is slow and there is too much pressure to the rollers, they may stop moving temporarily.

This is not breakage. Just slightly lift your body.



The rollers moved up to the top and then stopped.

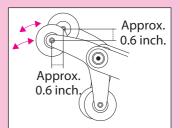


The auto timer will cause the rollers to move up to the top of the chair when the massage time is finished, so as not to interfere with your movements when getting out of the chair. To continue massaging, press the POWER button on the remote control again.

The right and left rollers are out of alignment.



The rollers are designed to provide for the alternating tapping function, so in the stopped position they are sometimes out of line—This is part of their design, and there is nothing wrong with the product.





Reclining of the seat back cannot be performed.



Check to be sure there are no objects between the seat back and control box. The reclining safety mechanism may be activated.

If I try to recline the seat back or adjust the angle of the leg rest during air massage, the chair stops.



For safety purposes, the air pressure massage is designed to stop if the reclining seat back or the leg rest is activated. This is not breakage.

Q How

How do I make the massage deeper?



In Preset Program mode, adjust the intensity of massage with the AIR INTENSITY button, Back Vibe button (behind the panel), or each operation button for air massage (behind the panel) on the remote control. In Manual Selection mode, adjust the intensity of massage with the Back Vibe button or each operation button for air massage behind the panel on the remote control. If this solution does not work, lower the reclining seat back and sink deeply into the chair to put more weight on the reclining seat back.

You can also increase the intensity by removing the buffer pad located at the rear of the back pad.



How do I make the massage lighter?



In Preset Program mode, adjust the intensity of massage with the AIR INTENSITY button, Back Vibe button (behind the panel), or each operation button for air massage (behind the panel) on the remote control. In Manual Selection mode, adjust the intensity of massage with the Back Vibe button or each operation button for air massage behind the panel on the remote control. If this solution does not work, replace the buffer pad at the rear of the back pad with the supplied buffer pad (thicker).

You can decrease the intensity of massage by raising the seat back.



I spilled water on the product. What should I do?



Immediately set the main POWER switch located at the rear of the chair to OFF, then unplug the chair from the wall outlet. Contact the vendor for assistance.



Can I use the chair even if I am overweight?

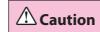


We recommend the chair be used by people weighing up to 220 lbs. If you weigh more than that, try sitting lightly in the chair, and not reclining too far.

CARE AND STORAGE

Storage

- After wiping off any dust or dirt, store the product in a place that is relatively dry.
- If you are not going to use the product for some time, put a cover on it that will protect it from dust and dirt
- Pets can sometimes chew on power cords, so try to keep pets away from the product even when it is being stored.



• Do not install the product where it can come into contact with direct heat, such as direct sunlight or a radiator.

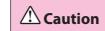
Care and Maintenance



• When cleaning or caring for the product, make sure to unplug the product from the wall outlet first. Do not plug or unplug the power cord with wet hands.

Caring for the Back Pad and Covers

Soak a piece of soft cloth in lukewarm water in which a small amount of mild detergent has been added. Then thoroughly wring it out before cleaning off any spots or grime.



• The fabric color can change if the product is in contact with vinyl covers or some wall coverings for a prolonged period of time.

Caring for the Remote Control

Wipe dirt off the remote control with a dry cloth.

Never use a moistened or wet cloth. → May result in mechanical failure.

Caring for Other Plastic Parts

Soak a piece of soft cloth in lukewarm water in which a small amount of mild detergent has been added, thoroughly wring it out, and clean off any spots or grime. Then wipe with a dry cloth so that no detergent residue remains.

• Do not use alcohol based or other household cleaning products or abrasives because they can scratch or crack the finish and/or cause color to fade.

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REGULAR MAINTENANCE FOR SAFETY

27

CUSTOMER SERVICE AND WARRANTY

1. Warranty

Please read the contents carefully and keep it in a safe place. (You will need the card to facilitate warranty

If the chair is to be used outside the home (in a commercial setting, for example), fees will be charged for repairs even while the chair is under warranty.

2. Repairs & Service

Before calling for repairs or service, use the Troubleshooting guide on pages 23-24 to see if the problem can be solved easily.

If the problem persists, contact the vendor for assistance. Have the following information ready.

- 1) Your name, address, and phone number
- 2) Product name and model number (see page 34)
- 3) Serial No. (see the Serial No. label on the back cover of the chair)
- 4) Date of purchase
- 5) Trouble status
- 6) Proof of purchase

Consult the vendor.

• If the warranty is valid:

Show the vendor the warranty card.

A service charge may apply, subject to the nature of the trouble and/or repair according to the terms of the warranty. See the warranty for full details.

• If the warranty has expired:

If the product can be repaired, the vendor will give you an estimate of the cost to repair the product.

Replacement parts stock: We will stock service parts (except fabric) of this product for at least six years after terminating the production of this model. Service parts refer to those necessary for maintaining the intended performance of the product.

• For more information on service: Contact the vendor.

REGULAR MAINTENANCE FOR SAFETY

Regular Maintenance Will Preserve the Life of Your Chair

Have you experienced any of these problems?

- The chair does not start with the main POWER switch set to ON.
- The power cord has been cracked or scratched.
- The power cord or plug becomes abnormally hot.
- The chair produces a burnt smell, abnormal sound or vibration.
- The auto timer function does not work in some cases.
- Other failures.

If you find anything listed above, stop using and unplug the power cord from the outlet to prevent failure or accident. Be sure to contact with the vendor where you purchased for maintenance.

To Use Safely

Fabric of the chair (roller fabric) is consumable, and its service life is 3 years (conditions of use: two 15-minute sessions a day, every day).

For safe use, periodic inspection by the vendor is recommended before the end of service life.

- * Durable years vary depending on conditions of use.
- * After about five years of use, a professional inspection is recommended even if there are no symptoms or problems.

For inspection fees, contact the vendor.

SPECIFICATIONS

Name & Model Number		inada chair SOGNO HCP-10100A			
Power Supply		AC 120 V			
Power Consumption		165 W			
Power Frequency		60 Hz			
	Rated Time	30 minutes			
	Kneading Speed	3 levels, from minimum approx. 10 times/minute to maximum approx. 32 times/minute			
sody	Tapping Speed	3 levels, from minimum approx. 180 times/minute to maximum approx. 480 times/minute			
Upper Body	Roller Width	3 levels Narrow, Medium, and Wide			
ן כ	Up/Down Speed	One full cycle (top to bottom to top again) in approx. 30 seconds (approx. 1.64 inch./sec)			
	Back Stroke Range	Approx. 28 inch. (in partial rolling massage: approx. 6 inch.)			
	Preset Programs	Healthcare Programs: 4 types, Well-Being Programs: 4 types			
Mar	nual Selection Mode	15 types (Automatic Shiatsu Point Locator Function included in some programs)			
V	ibration Massage Function	Back: 2 levels (Min: Approx. 1650 times/minute, Max: Approx. 2350 times/minute)			
	Air Pressure	60 Hz: Approx. 38 kPa			
	Auto Timer	Approx. 15 minutes (Preset Programs vary in duration.)			
Le	g Rest Adjustment Range	Approx. 10 inch.			
	Reclining Angle	Approx. 120°-165° from floor level continuous motion (Automatic reclining)			
	Dimensions	Approx. 37 (38) \times 55 (83) \times 48 (30) inch. (W/D/H) The figure in () for the width represents the dimension when the armrests are fully extended. The figures in () for the depth and height represent dimensions when the seat back is fully reclined and with the leg rest flat.			
Weight Outer Covering		Approx. 253 lbs. (Chair: Approx. 165 lbs., Arm rests: Approx. 48 lbs. [one unit 24 lbs. \times 2], Leg rest: Approx. 40 lbs.)			
		Synthetic leather (with antibacterial/soil resistant finish)			
	Accessories	Power Cord, T-shaped Wrench, Buffer Pad (thick), Buffer Pad (thin), Child Safety Lock Keys (2), Shiatsu Pads for Shoulders (light) (1 each left and right), Shiatsu Pads for Shoulders (strong) (1 each left and right)			

Manufactured by FAMILY CO., LTD.

Made in JAPAN ??776932500??