

# LifeSpan | TR1200 *i*



**2011 Best New Treadmill  
by Treadmill Doctor**

*The TR1200i provides an excellent value with its powerful motor, spacious running surface & advanced exercise programs.*

**LifeSpan  
Fitness Club™  
Membership Included**

## Console and Programming

Display	Multi-Color LCD 2.3" x 5"	
Readouts	Program Profile, Incline, Speed, Time, Distance, Calories, Heart Rate, Step Count	
Exercise Programs	5 Weight Management, 5 Healthy Living, 7 Sports Training, 2 MyZone Heart Rate Control <i>Each with Speed or Incline Control</i> 2 Custom User and 1 QuickStart/Manual	
Heart Rate Monitor	Contact Heart Rate Sensors and Chest Strap Receiver ( <i>chest strap not included</i> )	
Speed / Incline Control	Quick Speed & Incline Buttons Handlebar Speed and Incline Control	
Audio	Built-In Speakers to listen to your iPod® tunes	
USB Port	USB automatically saves Minutes, Calories, Heart Rate, Distance and Steps	

## Specifications

Speed Range	.5 – 11 MPH
Incline Levels	15
Belt Size	20" x 56"
Deck Suspension	6 Compression Shocks
Roller Size	2.5" front / 2.0" back
Drive Motor	2.5 HP Continuous Duty
Lift Motor	650 lbs Max Lift
Product Weight	198 lbs
Max. User Weight	300 lbs
Floor Space - Full	70" L x 33" W x 54" H
Floor Space - Folded	39" L x 33" W x 63" H

## Warranty

Frame	Lifetime
Motor	Lifetime
Parts	3 Years
Labor	1 Year

## Intelligent Features

- Intelli-Guard** Automatically pauses the treadmill belt when you step off, minimizing the risk of injury to you and your children.
- Intelli-Step** Counts your steps and displays them on the console.

# Best Fit

- Weight Loss
- Healthy Living
- Sports Training

**User Weight**  
100 - 350 lbs



**Activity**  
Walk - Run



**Weekly Use**  
1 - 20 hrs

